

1. A safety harness, comprising:

a body harness assembly positionable on a user's body, the body harness assembly comprising a left shoulder strap and a right shoulder strap, said shoulder straps crossing in the back, while sliding through a lanyard securing member;

a resilient suspender assembly having a first branch and a second branch, a front end of the first branch being fixedly attached to the left shoulder strap, a front end of the second branch being fixedly attached to the right shoulder strap, a back end of the first branch and a back end of the second branch being fixedly attached to the lanyard securing member positioned centrally with respect to the left shoulder strap and the right shoulder strap on a back side of the body harness;

said left shoulder strap and said right shoulder strap each having a first non-resilient portion extending from about a waistline of a user to about a shoulder level of the user, a second resilient stretchable portion fixedly attached to the first portion and extending over a shoulder of the user and a third non-resilient portion fixedly attached to the second portion and extending along back of the user to about the waistline of the user.

2. The device of Claim 1, wherein each of said second portions of said left shoulder strap and said right shoulder strap is an elastomeric resilient portion located adjacent an apex of the shoulder strap.
3. The device of Claim 1, wherein first branch and said second branch of the suspender assembly is sewn to said left shoulder strap and said right shoulder strap respectively.
4. The device of Claim 1, wherein said body harness further comprises a belt for encircling the user's waist, and wherein each of said shoulder straps terminates at said belt.

22. The device of Claim 1, wherein said front end of the first branch is fixedly attached to the left shoulder strap below said second portion and wherein said front end of the second branch is fixedly attached to the right shoulder strap below said second portion.

23. The device of Claim 22, wherein said front end of the first branch is stitched to the left shoulder strap and the front end of the second branch is stitched to the left shoulder strap and to the right shoulder strap.